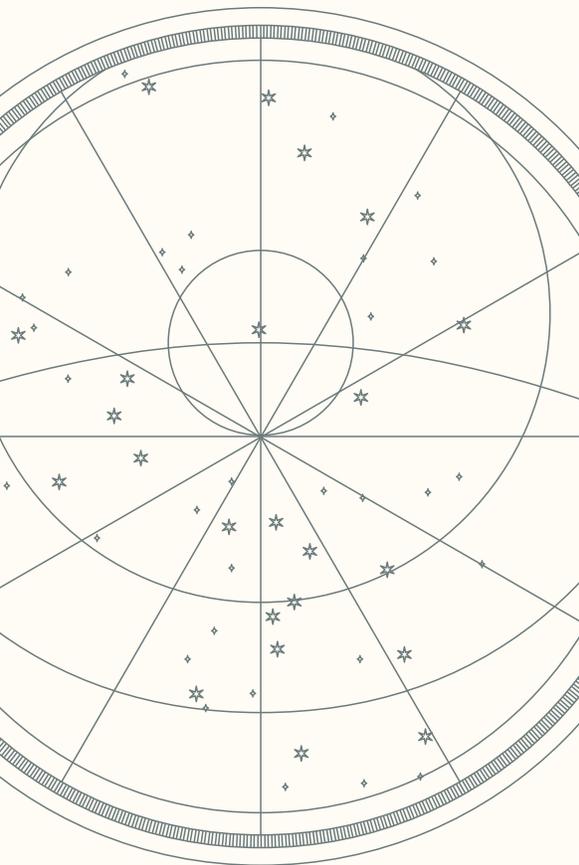




# ENERGY ALMANAC

## *2026 Edition*

The year 2026 is set to be a time of profound energetic shifts that are initiating the flow of many new themes in the collective. Let this almanac be your compass for the year ahead, to help you understand and embracing the energetic themes of 2026.



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*Return whenever you need to remember what this year is here to teach you. Let the cycles unfold and your awareness deepen*

# WHAT WE ARE LEAVING BEHIND

2025 was an exceptionally heavy year whose central energetic theme was **completion and preparation for a new cycle**. We experienced the end of a major chapter in the story humanity is collectively telling, and were each tasked with an internal inventory of **solidifying lessons** we have learned and **surrendering** what is no longer suitable for the path forward.

## URANUS IN TAURUS

Uranus is finishing its 8-year transit through Taurus, completely revolutionizing money, our material world and how we build security. Think the rise of crypto, Amazon, and minimalism

## SATURN & NEPTUNE IN PISCES

Saturn, the planet of discipline, is leaving Pisces where we were tasked with emotional boundaries, disciplined faith, and creating structure in areas of escapism. At the same time Neptune in Pisces solidified our trust in our intuition, and lessons around meaning beyond the material world. Together, Saturn and Neptune in Pisces pushed us to dissolve illusions and give form to faith—turning spiritual ideals into lived responsibility.

## YEAR OF THE WOOD SNAKE



The year of the wood snake was focused on inner transformation. It tasked us with slowing down and recognizing where we were holding on to beliefs, patterns, behaviours that no longer fit our identity. The snake only has two options—shed its skin or perish; letting go of what restricts us is necessary, no matter how painful it may be.

Nine is the number of fulfilment and wisdom. It symbolizes the end of a 9 year cycle. Collectively we were tasked with reflection and enlightenment to what needs to be released. The major theme of the year was one of tying loose ends, and revelations of deeper truths from lessons spanning the start of this cycle in 2017 to its end in 2025.

## NUMEROLOGY: YEAR 9

# ASTROLOGY

## *major planetary shifts*

### SATURN IN ARIES

Over the next 3 years, Saturn will be in Aries testing our leadership, strategic patience, and ability to discipline and direct our passion towards long-term goals. Aries is great at starting, but Saturn demands endurance to the finish line. Facing impulsivity and fears of failure will be recurring themes, as well as learning how to assert oneself with maturity and not impulsivity.

### NEPTUNE IN ARIES

Neptune enters Aries to start a brand new 165 year cycle around the zodiac. The transition from Pisces to Aries marks the largest energetic shift a planet can make in the zodiac. Here begins the dissolution of old identities, and the emergence of leadership that comes from intuition and a spiritual relationship with courage and action. Motivation rooted in impulse, force, and ego will be blurred and challenged.

### URANUS IN GEMINI

Uranus in Gemini revolutionizes the way we think, speak, learn, and exchange information. Outdated mental frameworks and communication systems will be broken by rapid shifts in ideas, technology, and social dialogue. Rigid narratives and polarized thinking are replaced with flexibility and curiosity.

Over the next 8 years, how society understands truth and knowledge will be radically changed.

### PLUTO IN AQUARIUS

Pluto in Aquarius means it's time to destroy old ideals and bring to life a different future. Deep innovation and transformation will be felt in communities, social systems, technology, and how our individuality contributes to the collective. Conformity and control in societal structures is challenged, and there is a demand for the use of power to be for the greater good.

# ASTROLOGY

*major celestial events*

JAN 26

## NEPTUNE ENTERS ARIES

Old ways of asserting identity dissolve and Neptune ignites a more spiritual, ideal-driven form of courage and leadership. Let intuition guide direction, even if it feels blurry at first.

A 3 year period begins of lessons in self-mastery, courage, and taking responsibility for how you initiate, lead, and assert yourself. Saturn will not reward impulsive behaviour.

## SATURN ENTERS ARIES

FEB 14

FEB 20

0° ARIES

## SATURN CONJUNCT NEPTUNE

Standing on the edge of the unknown, where old identities dissolve and disciplined self-trust builds something new. Grounded inspiration that comes from the self. Brave, intentional action gives structure to dreams.

Self-expression and creativity take center stage. Heightened urge to take risks, have fun with life, and "put yourself out there"

## JUPITER ENTERS LEO

JUNE 29

APRIL 13-19

## MARS-NEPTUNE-SATURN CONJUNCTION

Raw drive to push through the fog and gain momentum. Impulsive desire and action are challenged, and clarity is forced around *why* we act.

# ASTROLOGY

*major celestial events*

JULY 20

## JUPITER OPPOSITE PLUTO

Deep transformation and growth is forced through clashes between personal expression vs group dynamics, systems, and ideologies demanding collective change

The North Node in Aquarius and South Node in Leo pushes us to detach from our ego and self-expression that is not authentic, instead focusing on contributing to our community in a way that shakes up the status quo via innovation

## LUNAR NODE SWITCH

JULY 26

Where overconfidence, performative identity, and ego-driven self-expression have become a comfort zone is fully exposed. There is a challenging pull to resist impulsive action for validation and instead release ego in favour of using creativity authentically to serve the community and collective evolution

## MARS-JUPITER OPPOSES

## NORTH NODE

NOV 11-16

OCT 3- NOV 20

## VENUS RETROGRADE

Relationships are destabilized by resurfacing of old wounds, power dynamics, unresolved attachments. The gift is emotional liberation, clearer boundaries, more balanced relationships

# YEAR OF THE HORSE

## *chinese astrology*

expansion  
revolution  
FREEDOM  
bravery  
expression



The year of the Fire Horse is not a quiet energy. It demands trusting your instinct, speaking your truth, and choosing progress over perfection. **Motion activates luck.** This year does not support stagnation or half-decisions. It supports adventure, creative risk, and following your passions more boldly.

## YEAR 1

### *numerology*

A year 1 in numerology carries the vibration of initiation and creation. This is a year to trust yourself and not hold back. Your goal is to align your ambition with your confidence and creativity, as you boldly start a new chapter in life.

#### *Challenges*

Navigating uncertainty, fear, tunnel vision, unhealthy ego expression, co-dependency

*confidence*  
*independence*  
*creativity*  
*fresh starts*  
*self-discovery*  
*momentum*  
*leadership*  
*quantum leap*

# JOURNALING PROMPTS

Which relationship patterns and attachments am I being asked to re-evaluate rather than repeat?

How can I balance freedom, creative risk, and bold action towards my goals with discipline so my energy doesn't burn out or scatter?

Where have I compromised my self-worth for connection, comfort, or approval?

What is ready to begin in my life if I stop waiting for permission or certainty from logic rather than trust in my own intuition?

What beliefs, communication, and ways of thinking feel limiting in my life right now?

Where can I allow myself to be a little more curious and flexible?

What identity or version of myself am I ready to leave behind? What feels inauthentic?

Where am I being called on to face my fears and take responsibility?